

# PRE-PROCEDURE

.YOU ARE NOT A CANDIDATE FOR THIS PROCEDURE IF YOU HAVE EVER HAD OCULAR HERPES

.CONTACTS MUST BE REMOVED BEFORE THE PROCEDURE. THEY SHOULD NOT BE USED FOR 24 HOURS AFTER.

CLEANSE THE EYE AREA THOROUGHLY THE NIGHT BEFORE THE APPT. SPEND EXTRA TIME ON THE LASH BED. .

# AFTER-CARE

SWELLING AND REDNESS CAN LAST UP TO 48 HOURS

USE COLD WITCH HAZEL-SOAKED- COTTON ROUNDS TO APPLY OVER THE EYES TO REDUCE SWELLING.

USE A STERILE COTTON ROUND TO DAB THE AREA EVERY 20 MINS FOR THE REST OF THE DAY TO REMOVE LYMPH FLUID AND TEARS.

KEEP THE AREA DRY FROM TEARS.

WASH THE PROCEDURE AREA MORNING AND NIGHT FOR 2 WEEKS WITH A MILD CLEANSER.

PAT DRY WITH A CLEAN TISSUE. THEN. APPLY OINTMENT IT IN A THIN VEIL (DO NOT SMOTHER).

DO NOT PICK, RUB, SCRATCH, PEEL OR PULL AT THE SCABS. YOU WILL PULL COLOR OUT.



# PRE-PROCEDURE

START USING VASELINE STARTING 2 WEEKS PRIOR TO THE APPT..

GENTLY EXFOLIATE WITH A SUGAR SCRUB A FEW DAYS BEFORE THE APPT.

IF YOU HAVE A HISTORY OF COLD SORES YOU'LL NEED TO GET ON AN ANTIVIRAL BEFORE THE PROCEDURE.

NO BLOOD THINNERS ON THE DAY OF THE APPT.. (ASPIRIN, ALCOHOL, CAFFEINE.)

IF YOUR LIPS ARE DRY, CRACKED OR COMPROMISED IN ANY WAY NEARING THE APPT DATE- LET ME KNOW SO WE CAN RESCHEDULE.

# AFTER-CARE

LIPS WILL APPEAR DARK AFTER THE PROCEDURE AND FOR THE NEXT FEW DAYS.

SWELLING CAN LAST UP TO 48 HOURS.

USE A STERILE COTTON ROUND TO DAB THE LIPS EVERY 20 MINS FOR THE REST OF THE DAY TO REMOVE ANY LYMPH FLUID

AVOID KISSING + SPICY FOODS. BE CAREFUL EATING AND DRINKING.( SMALL BITES AND STRAWS).

WASH THE PROCEDURE AREA MORNING AND NIGHT FOR 2 WEEKS WITH A MILD CLEANSER. PAT DRY WITH A CLEAN TISSUE. THEN APPLY OINTMENT IN A THIN VEIL (DO NOT SMOTHER).

AFTER DAY 5 UTILIZE APPROVED SPF CHAPSTICK.

DO NOT PICK, RUB, SCRATCH, BITE, PEEL OR PULL AT THE SCABS. YOU WILL PULL COLOR OUT.



# PRE-PROCEDURE

WEAR SPF DILIGENTLY TO PREVENT SUN DAMAGE.

STOP RETINOL USE 1 WEEK PRIOR THE PROCEDURE AND REMAIN OFF IT FOR AT LEAST 2 WEEKS AFTER.

AVOID BLOOD THINNERS 48 HOURS BEFORE THE APPT.:  
(ASPIRIN, ALCOHOL, CAFFEINE)

AVOID SWEATING THE DAY OF THE PROCEDURE AND FOR 7 DAYS AFTER

EAT HEALTHY AND DRINK LOTS OF WATER! THE HEALTHIER YOUR SKIN IS THE BETTER THE RESULTS!

# AFTER-CARE

BROWS WILL APPEAR DARK AFTER THE PROCEDURE AS THE PIGMENT OXIDIZES.

SWELLING CAN LAST UP TO 48 HOURS.

USE A STERILE COTTON ROUND TO DAB THE BROWS EVERY 20 MINS FOR THE REST OF THE DAY TO REMOVE LYMPH FLUID.

KEEP THEM AS DRY AS POSSIBLE. AVOID STEAMY SHOWERS AND SWEATING.-IF THEY GET WET. PAT THEM DRY.

WASH THE PROCEDURE AREA MORNING AND NIGHT FOR 2 WEEKS WITH A MILD CLEANSER. PAT DRY WITH A CLEAN TISSUE THEN APPLY OINTMENT IN A THIN VEIL (DO NOT SMOTHER

AFTER 2 WEEKS YOU CAN RESUME YOUR NORMAL SKIN CARE ROUTINE. BE SURE TO CONTINUE USING SPF WHEN OUTDOORS.

DO NOT PICK, RUB, SCRATCH,, PEEL OR PULL AT THE SCABS. YOU WILL PULL COLOR OUT.



